

SUPPORTING CARERS

To access **Flu AND Covid-19** Vaccinations **Bulletin**

The Carers' Support Service recognises that Carers of family members and friends are on the front line when it comes to supporting and maintaining the health and wellbeing of those they care for. It is therefore of the utmost importance that Carers are supported to also look after their own health and wellbeing.

Extra support is now available to help Carers access their **Flu and Covid-19 Vaccination.**

The Carers' Support Service is encouraging Carers to access their free flu jab, to help keep themselves well, and to protect the person they care for. Support is also available for Carers who are invited for a Covid-19 vaccination.

What support is available?

Carers who struggle to make an appointment will be supported to make one by a member of the Carers' Support Service team.

Carers who cannot get to an appointment because of transport issues will be supported to access transport to get them to and from their appointment.

Carers who cannot get to an appointment because they cannot leave the person they care for alone for the time it would take, will be supported to make alternative arrangements for their cared for person.

Support may be practical and/or financial.

Carers may access a mix of all of the above.

As well as encouraging Carers to access this support, we invite you and your team to refer Carers to the Carers' Support Service for this support should you be aware of any Carers in the position of not being able to access appointments because of their caring responsibilities.

To refer a Carer, simply call 01652 650585 or email info@carerssupportcentre.com. You can also complete a 'Refer a Carer' form on our website: www.carerssupportcentre.com/nl

We hope you find this support not only of use to Carers, but also of use to your practice and your delivery of support to those of your patients who are Carers.

David Wilson



Operations Director